

CENTRE GUIDELINES

21st September 2020



NEW PROCEDURES
FOR RETURN TO
MATCH PLAY

KEY BACKGROUND POINTS

- The Governing Bodies for Basketball and Netball have worked with Government to set out plans for the return of team sports and mitigate risks of the spread of Coronavirus between the basketball and netball community.
- **Sport for All Centres** staff have been working hard behind the scenes to ensure that risk assessments are completed, activities are modified and new measures are in place to allow the safe return to team sports in its venues.
- At present, team sports are permitted to take place, irrespective of local lockdown issues in areas. This is because agreed measures are in place to mitigate risks.



SPORTS RETURN TO PLAY GUIDELINES

- Club and team organisers need to familiarise themselves with the key changes for your sports. Full guidance can be found via:
- Basketball - <https://www.basketballengland.co.uk/news/basketball-england-launch-return-to-play-guidance/>
- Netball - <https://www.englandnetball.co.uk/about/covid-19-support/>



RETURN TO PLAY LEVELS FROM NGB'S

BASKETBALL

LEVEL 2

- Drills, skills & team based training
- Behind closed door competitions
- Maximum of 30 per court

NETBALL

LEVEL 4B FROM 26TH SEPTEMBER

- Competition with modified rules
- Uses COVID-19 rule modifications
- Strict hygiene protocols
- Max of 30 per court
- Spectators socially distanced
- Outdoors strongly recommended (where possible)
- Risk mitigations in place



RETURN TO PLAY ROADMAP

BASKETBALL ENGLAND
RESPONSE LEVEL

WHAT?

WHERE?

HOW?

WHEN?

LEVEL 5

- No public gatherings
- 2m social distancing
- No travel allowed

- Home or garden

- No training
- No competitions

- N/A

LEVEL 4

- Public gatherings up to 2
- 2m social distancing
- Limited travel times

- Addition of outdoor courts

- Play alone
- Play with household
- Play with one other
- No competitions

- From 13th May 2020

LEVEL 3

- Public gatherings up to 6
- 2m social distancing
- No carpooling

- Outdoor courts
- Indoor courts - Government-defined 'Elite' athletes only

- Drills & skills only
- No contact
- No competitions
- Coach-led sessions

- From 4th June 2020

LEVEL 2

- Public gatherings increased
- 1m+ social distancing
- Limited carpooling

- Outdoor & indoor courts

- Drills, skills & team based training
- Behind closed door competitions
- Maximum of 30 per court

- From 3rd August 2020

LEVEL 1

- Public gatherings increased
- Social distancing removed
- Limited carpooling

- Outdoor & indoor courts

- Drills, skills & team based training
- Competitions with limited spectators

- TBC
- Dependent on government guidelines

LEVEL 0

- N/A

- Outdoor & indoor courts

- Full training & competition framework reinstated

- TBC
- Dependent on government guidelines

This roadmap is subject to and will change based on government advice and guidance. Please refer to the 'Return To Play Guidance Document' for more detailed advice.

England Netball's Roadmap for the return of community netball

Phase
Stage
What it could look like
When

CURRENT STAGE

NETBALL FITNESS ACTIVITY			MODIFIED NETBALL ACTIVITY		TRADITIONAL NETBALL	
1 INDIVIDUAL ACTIVITY <ul style="list-style-type: none"> • SOCIALLY DISTANCED • NO EQUIPMENT SHARING • NETBALL FITNESS WITH UP TO ONE OTHER PERSON OUTSIDE OF HOUSEHOLD • OUTDOOR ONLY 	2 SMALL GROUP ACTIVITY <ul style="list-style-type: none"> • SOCIALLY DISTANCED • MINIMAL EQUIPMENT SHARING • NETBALL FITNESS WITH UP TO 6 PEOPLE IN TOTAL • OUTDOOR AND POTENTIALLY INDOOR (IN LINE WITH GOVERNMENT GUIDANCE) 	3 LARGER GROUP ACTIVITY <ul style="list-style-type: none"> • SOCIALLY DISTANCED • MINIMAL EQUIPMENT SHARING • NETBALL FITNESS WITH AN INCREASED GROUP SIZE (MAXIMUM OF 30 PEOPLE) • OUTDOOR STRONGLY RECOMMENDED (WHERE POSSIBLE) 	4a MODIFIED TRAINING <ul style="list-style-type: none"> • USES COVID-19 RULE MODIFICATIONS • EQUIPMENT SHARING PERMITTED - LIMIT WHERE POSSIBLE • REGULAR BREAKS FOR HAND AND EQUIPMENT SANITISATION • MAX OF 30 PER COURT • OUTDOOR STRONGLY RECOMMENDED (WHERE POSSIBLE) • RISK MITIGATIONS IN PLACE • FRIENDLY MATCHES PERMITTED 	4b COMPETITION MODIFIED RULES <ul style="list-style-type: none"> • USES COVID-19 RULE MODIFICATIONS • STRICT HYGIENE PROTOCOLS • MAX OF 30 PER COURT • SPECTATORS SOCIALLY DISTANCED • OUTDOOR STRONGLY RECOMMENDED (WHERE POSSIBLE) • RISK MITIGATIONS IN PLACE 	5 FULL TRAINING <ul style="list-style-type: none"> • FULL CONTACT AND CLOSE MARKING ALLOWED IN TRAINING ENVIRONMENT • FULL EQUIPMENT SHARING • FULL SQUAD PARTICIPATION • FRIENDLY MATCHES PERMITTED IN PREPARATION FOR COMPETITION • OUTDOOR AND INDOOR 	6 COMPETITION <ul style="list-style-type: none"> • COMPETITIVE NETBALL CAN RECOMMENCE • OUTDOOR AND INDOOR • SPECTATORS ALLOWED
13 MAY INDIVIDUALS ALLOWED TO EXERCISE WITH SOMEONE OUTSIDE OF THEIR HOUSEHOLD 	1 JUNE EXPANSION OF NUMBERS ABLE TO MEET 	FROM 18 AUGUST FOLLOWING GOVERNMENT APPROVAL 	FROM 18 AUGUST FOLLOWING GOVERNMENT APPROVAL ONCE REQUIRED RISK MITIGATION MEASURES IN PLACE 	FROM 26 SEPTEMBER PROVIDING ALL GUIDANCE IS FOLLOWED BY ORGANISERS 	TBC REMOVAL OF SOCIAL DISTANCING RISK OF NETBALL TRAINING DEEMED LOW ENOUGH TO ALLOW FULL CONTACT AND MARKING IN TRAINING 	TBC FULL RELEASE OF SOCIAL DISTANCING RISK OF NETBALL ACTIVITY DEEMED LOW ENOUGH TO ALLOW COMPETITION TO RESUME

THIS ROADMAP IS SUBJECT TO CHANGE AND WILL BE UPDATED IN LINE WITH GOVERNMENT GUIDANCE AND ADVICE

SPORT FOR ALL CENTRES

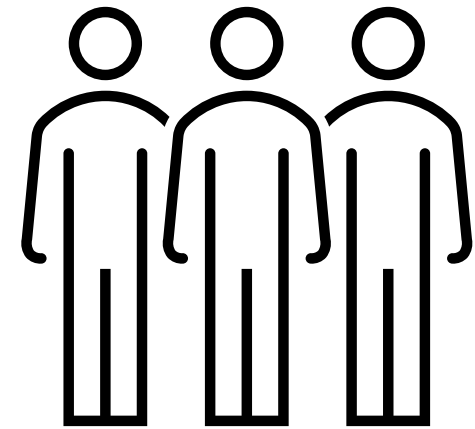
VENUE CAPACITIES

Our venues will be working to capacities of 26 per court for Sport for All Centre matches. Each team is permitted to bring in the maximum in each category:

- 10 players
- 1 coach
- 1 scorer

This relates to, per court:

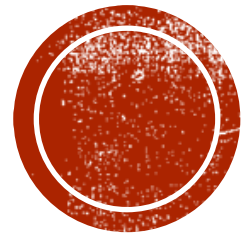
- 20 players
- 2 coaches
- 2 scorers
- 2 referees/umpires



12 max

Club COVID officers / screeners can come into the venue and wait off court.





GETTING ORGANISED

Ensure you and your club / team are prepared for matches

NGB AFFILIATION

If you haven't already, you can affiliate your club / team / members to your National Governing Body via their online portals:



Basketball England
www.basketballengland.co.uk



England Netball
www.englandnetball.co.uk





REGISTER YOUR TEAM

- Email your local centre to request a registration pack for your basketball or netball team.

BURY CENTRE – bury@sportforallcentres.co.uk

OLDHAM CENTRE – oldham@sportforallcentres.co.uk

STOCKPORT CENTRE – stockport@sportforallcentres.co.uk

WARRINGTON CENTRE – warrington@sportforallcentres.co.uk

If you think you have not had a reply to your email, please first check your spam/junk folder on your email, then if you still have not had a reply, please recontact your local centre.





COVID OFFICERS

- Appoint a COVID officer for your club or team and inform the centre who this is. Follow Basketball England and England Netball guidelines for their roles & **maintain records of who has played for 21 days.**
- The Sport for All Centres have the following COVID officers to report COVID cases, and for advice or information:
 - Bury centre – Gemma Hodcroft (gemma@sportforallcentres.co.uk)
 - Oldham centre – Justine Hanson (justine@sportforallcentres.co.uk)
 - Stockport centre – Cath Jones (cath@sportforallcentres.co.uk)
 - Warrington centre – Meg O'Dea (meg@sportforallcentres.co.uk)





TEAM & CLUB ORGANISERS **SCREEN YOUR PEOPLE**

- If you or someone you live with is pregnant or has underlying medical conditions, notify the centre COVID officer and seek advice from a GP to make an informed decision before playing.
- Use the Governing body screening questionnaires before each session, downloadable from their websites.





- COVID officers of teams and clubs will be lead contacts for test and trace purposes. You need to keep records of who attended at your matches (players, coaches and scorers) for **up to 21 days**.
- Teams and clubs must keep their centre registration information up to date. We will also use this information for track & trace purposes along with information from the score sheets.

People at high risk (clinically extremely vulnerable)

People at high risk from coronavirus include people who:

- have had an organ transplant
- are having chemotherapy or antibody treatment for cancer, including immunotherapy
- are having an intense course of radiotherapy (radical radiotherapy) for lung cancer
- are having targeted cancer treatments that can affect the immune system (such as protein kinase inhibitors or PARP inhibitors)
- have blood or bone marrow cancer (such as leukaemia, lymphoma or myeloma)
- have had a bone marrow or stem cell transplant in the past 6 months, or are still taking immunosuppressant medicine
- have been told by a doctor they have a severe lung condition (such as cystic fibrosis, severe asthma or severe COPD)
- have a condition that means they have a very high risk of getting infections (such as SCID or sickle cell)
- are taking medicine that makes them much more likely to get infections (such as high doses of steroids or immunosuppressant medicine)
- have a serious heart condition and are pregnant

People at moderate risk (clinically vulnerable)

People at moderate risk from coronavirus include people who:

- are 70 or older
- have a lung condition that's not severe (such as asthma, COPD, emphysema or bronchitis)
- have heart disease (such as heart failure)
- have diabetes
- have chronic kidney disease
- have liver disease (such as hepatitis)
- have a condition affecting the brain or nerves (such as Parkinson's disease, motor neurone disease, multiple sclerosis or cerebral palsy)
- have a condition that means they have a high risk of getting infections
- are taking medicine that can affect the immune system (such as low doses of steroids)
- are very obese (a BMI of 40 or above)
- are pregnant

Should any of the above statements apply to you or your household, please notify the centre COVID officer and speak to your GP prior to participating, to allow you to make an informed decision that protects you and your household.

This information is correct as of 31st August 2020 and may change so ensure you check the NHS website for up to date information via www.nhs.uk

PERSONAL & HOUSEHOLD RISK

Full details of latest at risk categories can be obtained from our website:

www.sportforallcentres.co.uk



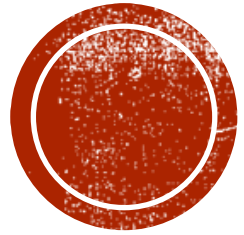


SELF SCREENING

Do not attend the venue if you have:

- a high temperature,
- a new continuous cough,
- a loss/change of smell or taste,
- or if you are otherwise required to self-isolate.





ARRIVING AT THE VENUE

Queuing, screening and temperature checking

OUR MEASURES

Note that our measures are in **addition** to any measures followed by your own team or club, and **our measures will followed for all people entering our venues.**



COME READY CHANGED TO PLAY

- Changing rooms will be locked.
- Players and referees need to come ready changed to play.
- Bibs will not be given out so teams should ensure they have kit or their own set(s) of bibs.



QUEUING & TEMPERATURE CHECKING

- Arrive 20 minutes prior to your game
- Queue socially distanced at 2 metres apart, outside the venue.
- **Do not** enter the building until you have had a temperature check with a forehead IR thermometer. **We are operating controlled entrances & exits.**

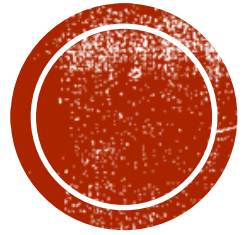
If your temperature is 37.8°C or higher you cannot enter the venue and should go home, self isolate and book a COVID-19 test.





NO SPECTATORS

- At present, there will be no spectators for matches. They cannot be substituted for lower numbers of players or coaches.
- For junior matches:
 - the coach will be the primary carer for the players.
 - Parents can wait outside or in the car park.
 - Coaches should maintain emergency contact numbers and car registration numbers of parents. If a player is injured or has issues our staff will locate the associated parent(s) and admit them into the venue to assist.



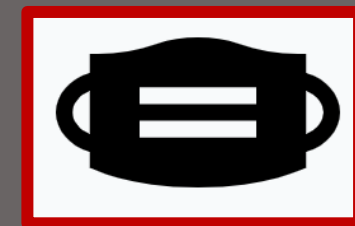
WHILST IN THE VENUE

Hand sanitising, social distancing



NON PLAYERS NEED TO WEAR FACE MASKS

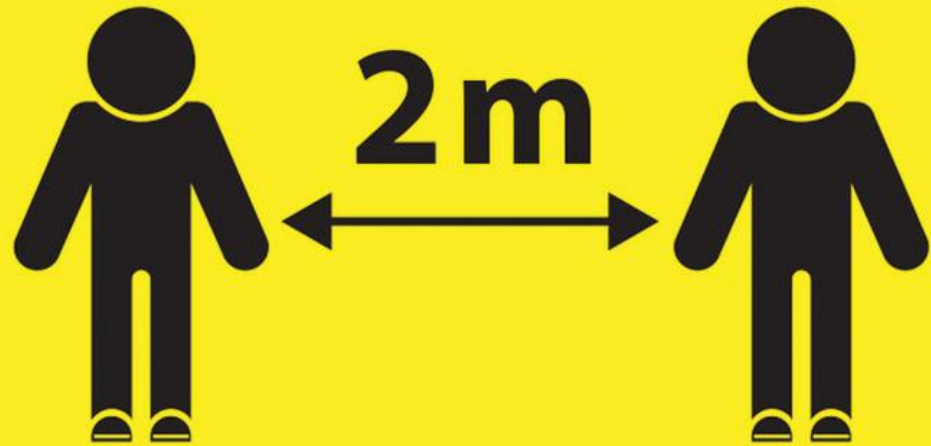
- Coaches and scorers need to wear face masks at all times in the building.
- If exempt from wearing a face mask we request you inform your centre in advance and wear a visor instead



SANITISE YOUR HANDS

- Hand sanitisers are available at the entrance to each venue and on each court.
- Sanitise your hands on entry to the building, between each period of play, on entering and leaving the courts and during timeouts (basketball).
- Teams are also encouraged to bring their own for convenience.





SOCIAL DISTANCING

- Keep 2m apart at all times in the venue when not on court.
- Substitutes, coaches and scorers should sit 2 metres apart.
- No huddles or coming together for team shouts.
- No hand shakes, high 5s or elbow bumps



PAYMENT METHODS

- Individual teams should pay at the centre via cash or card. Players cannot pay individually and should pay their team organiser directly. If paying by cash please aim to have the correct change.
- Clubs representing groups of teams can also pay via cash or card at the centre, but will also be able to request to pay online. Details are available on request.



All matches will be played on extended 1 hour slots



Matches will take 45 minutes to be played.



15 minutes is now allocated for periodic cleaning of equipment, toilets and touch points, using hospital grade disinfectant.



All teams will need to leave before the next group of teams is admitted. Teams will need to leave straight after their game finishes.

MATCH TIMESLOT MODIFICATIONS





BASKETBALL SPECIFIC RULES

- Normal play is permitted.
- No shouting by players or coaches.
Warnings will be issued then technical fouls.
- The match basketball is to be sanitised before each game, at timeouts and at half time.
- If a ball from an adjacent court enters your court, let a player or referee from that court come to collect it.
- No sharing of bibs, towels or water bottles
- No handshakes, high 5s or elbow bumps. Avoid contact.
- Timeouts will not be permitted in the last 2 minutes of a match.



NETBALL SPECIFIC RULES

- 4 feet for the start of play
- 4 feet marking
- 4 feet position of penalised player
- Removal of toss ups
- Removal of idle interactions
- Umpires will not touch the netballs at any point.
- No borrowed players (until notified otherwise).
- No shouting by players or coaches.
Warnings will be issued then game management processes followed.
- The match netball is to be sanitised before each game, at each quarter and half time.
- If a ball from an adjacent court enters your court, let a player from that court come to collect it.
- No sharing of bibs, towels or water bottles.
- No handshakes, high 5s or elbow bumps. Avoid contact.



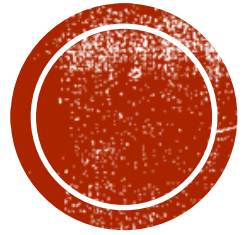
Timers will be disinfecting between each match.

Designated scorers should maintain their positions for the whole game.

Scorers should sit 2+ metres apart.

Scoresheets to be filled in on court by the designated scorer only.

Score sheets to be returned to the office immediately after each match.



AFTER YOUR MATCH





There is no time for getting changed.



Collect your belongings and leave via the designated exit at your venue.



Do not congregate in the car park or outside the building.

**ONCE YOUR
GAME HAS
FINISHED**



WHAT TO DO IF SOMEONE DEVELOPS COVID SYMPTOMS WITHIN 48 HOURS OF A MATCH.

Self isolate for 10 days.

Contact test and trace either online via www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/ or by calling 119.

Notify your club and centre COVID officer.





QUESTIONS

We hope you enjoy returning to play sport at the Sport for All Centres, and hope you feel reassured with the safety measures we have put in place.

Please get in contact if you have any:

- Questions
- Concerns
- Suggestions
- To report breaches of the procedures by staff, officials or other customers.



OUR CONTACT DETAILS

- Bury centre – 0161 796 2034 – bury@sportforallcentres.co.uk
- Oldham centre – 0161 682 7278 – oldham@sportforallcentres.co.uk
- Stockport centre – 0161 480 2223 – stockport@sportforallcentres.co.uk
- Warrington centre – 01925 655 794 – warrington@sportforallcentres.co.uk